

“ I must get  
the washing  
inside ”



Don't worry, we  
already took care of it



That's what Friends are for.

### Home-help and Befriending

We can help around the house, no task is too big for us. Whether you just need an extra pair of hands with the **laundry, cooking, cleaning or pet care**; we are here to help. We'll always offer a friendly smile and conversation while we work hard so you can enjoy doing the things you love most.

### Support

We can help both at home and in the community. If you need help **getting to and from appointments, going out for coffee, shopping or going to activities that you love to do**, we'll be there to help you every step of the way. No matter what it is, we're here to help you do the things you most enjoy.

Tel: 01476 385 395; Email: [info@farrowfriends.co.uk](mailto:info@farrowfriends.co.uk) Visit [www.farrowfriends.co.uk](http://www.farrowfriends.co.uk)

As seen on

