

Weekly Care Plan For Family Members



	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Morning							
Afternoon							
Evening							
Notes							

Think about:

- When do you notice signs that someone is struggling? For example, can they easily make breakfast, but they struggle to make sufficient meals at dinner time?
- What are their support preferences? If they are reluctant to have a Carer, would they be open to other services- or a non-uniformed carer?

Don't forget, you can email us for help, or make a referral at any time by visiting our website, or emailing info@farrowfriends.co.uk



www.farrowfriends.co.uk
01476 385 395



Notes



There are so many things I want to do

Farrow Friends

At Farrow Friends, we'll help you continue to do the things you love.

- ✓ Cooking
- ✓ Cleaning
- ✓ Transporting
- ✓ Chaperoning
- ✓ Pet Care
- ✓ Help with bills
- ✓ De-cluttering
- ✓ Companionship
- ✓ Activity Support
- ✓ Supporting with benefit and funding applications
- ✓ Care home social visits
- ✓ Laundry
- ✓ meal prep
- ✓ Supporting family communication

Home-help and Befriending

We can help around the house, no task is too big for us. Whether you just need an extra pair of hands with the **laundry, cooking, cleaning or pet care**; we are here to help. We'll always offer a friendly smile and conversation while we work hard so you can enjoy doing the things you love most.

Support

We can help both at home and in the community. If you need help **getting to and from appointments, going out for coffee, shopping or going to activities that you love to do**, we'll be there to help you every step of the way. No matter what it is, we're here to help you do the things you most enjoy.

Tel: 01476 385 395; Email: info@farrowfriends.co.uk Visit www.farrowfriends.co.uk

As seen on

BBC East Midlands

