



# Struggling to get to the Pharmacy? Don't worry. We can help.

Some pharmacies offer prescription deliveries, we can help you to ask those questions. For pharmacies that don't, we'll collect it with you.

If leaving the house and getting out is a barrier, we'll go for you.

## Home-help and Befriending

We can help around the house, no task is too big for us. Whether you just need an extra pair of hands with the **laundry, cooking, cleaning or pet care**; we are here to help. We'll always offer a friendly smile and conversation while we work hard so you can enjoy doing the things you love most.

## Support

We can help both at home and in the community. If you need help **getting to and from appointments, going out for coffee, shopping, collecting prescriptions or going to activities that you love to do**, we'll be there to help you every step of the way. No matter what it is, we're here to help you do the things you need or enjoy.

Tel: 01476 385 395; Email: [info@farrowfriends.co.uk](mailto:info@farrowfriends.co.uk) Visit [www.farrowfriends.co.uk](http://www.farrowfriends.co.uk)

As seen on

